

# NURSES: THE LEADERS IN INTEGRATIVE HEALTH CARE

Co-sponsored by the Canadian Holistic Nurses Association and Langara College

Conference Friday, October 14, 2011

<b>0900- 0930</b>	Opening circle	<i>Faculty lounge</i>
<b>0930 – 10:30</b>	Dr. James Oschman	
<b>10:30 – 11:00</b>	Coffee	
<b>11:00 – 12:00</b>	Dr. Ruth Lamb ISSSEEM Gold Medal Award Presentation regarding IEH and Substance Abuse Recovery	
<b>1200-1330</b>	Lunch on own at nearby restaurants	

## Concurrent Sessions

	<b>Room B144</b>	<b>Room A218</b>	<b>Room C509</b>
<b>1330-1415</b>	Presentation 1 Energetic Anatomy of the Human Body – A holistic perspective on healing the human body systems – Michele Bourgeois, BScN, MEd, BHTP, GTP	Presentation 2 Clinical Evaluation of Client Responses to Use of Nelson’s Emotion Code Process – Barbara Dobbie, RN, PhD, HTPC	Langara Students Healing
<b>1430-1515</b>	Presentation 4 Pre and Post Operative Energy-based Nursing Care and Integrative Energy Healing – Catherine Ralphs, RN IEHP	Presentation 3 Evaluation of a Sleep Intervention for Cancer Patients Experiencing Sleep-Wake Disturbances: A Pilot Study – Nancy (Surya) A. Absolon, BC, BScN, RN	Langara Students Healing
<b>1530-1615</b>	Presentation 5 Integrating I Rest Yoga Nidra into a Holistic Nursing Practice – Cindi Reopell, RN, CHTP, CHN Level I	Presentation 6 What is Holism? Conceptualizing Holism and Holistic Health and Moving Towards Global Health for All – Farah Shroff, PhD	Langara Students

## Saturday, October 15, 2011

<b>0830 – 0855</b>	Meditation	<i>C408</i>
<b>0900 – 1200</b>	Dr. James Oschman	Faculty Lounge
	Closing Circle	

**Note: All events are held at the Langara College Campus**